

## The art of well-being

This program develops strong bonds of friendship and well-being through sharing a joke or cultural traditions, and through planning art activities and gallery outings.



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*Putting your care first*

## Creative Connections Program



## About Creative Connections

The Creative Connections program is a weekly art class that brings people together to share a meal and create a variety of artworks. Community Care TASMANIA (CCT) established the program in 2010 to help reduce social isolation experienced by some of its clients while learning new skills and improving their sense of wellness.

CCT employs a coordinator and an assistant who assist participants to create artworks in a range of media, including painting, beading and screen printing.

Works produced by the group have been exhibited in community settings, such as at the ARTrium Gallery at the Launceston General Hospital, as well entered at the Royal Launceston Show. A calendar featuring members paintings is produced annually, which are sold or given as gifts.



**Being creative together lets you**

- learn new skills
- create beautiful and interesting art works
- make new friends
- share a laugh and a meal with others

The Creative Connection class is held at the Studio, Inveresk Museum, Launceston. Participants meet every Tuesday between 10.30 and 2.30 from the second Tuesday in February to the second Tuesday in December. There is no class on Easter Tuesday.



If you are interested in joining the program, please contact Community Care TASMANIA for an application form.

Please Note: Class size is restricted to 12 participants. Priority is given to those who will most benefit from the program.

A small weekly fee is charged for the 4 hour art class to help cover costs. The fee is based on the individual's funding program and negotiated with each participant.