# Home Care Packages

Now that you have been allocated a Home Care Package you have some choices to make.

#### You need to choose:

- A home care service provider, such as Community Care TASMANIA
- What services you will need



Community Care TASMANIA

8 Broadland Drive, Launceston 7250 Tel 6334 0990 or 1300 722 400 cct.org.au or find us on Facebook

Putting your care first



These services will make your home care package a reality.

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# Designing a care plan to suit you

Once you are assessed as needing a home care package the government provides significant funds. You may be expected to contribute to the package. Therefore the government funding plus your contribution, equals your total package. It is designed to enable you to get the exact services you need to stay in your own home.

You have a package because the government recognises you need prompt home care and has provided funds for your care services.

Community Care TASMANIA can help you plan a budget and make some suggestions about types of services that may suit you. Meeting vour care needs promptly is important to us and the government.

Talk to our friendly and professional staff and they will help you design a care plan and budget that suits your home care needs.



#### **Basic Services we offer**

- Personal care
- Meal preparation
- Shopping
- Domestic assistance
- Gardening

- Transport
- Social support
- Culturally and linguistically
  Care coordination diverse support workers
- Rural accessibility
- Interpreters
- Case management

#### Other Services we offer

- Massage in home or other
- Podiatry
- Chemist visits
- Webster packs
- Vital call installation
- Phone/audio books/ talking aids assistance
- Physio/occupational therapy
- Key lock boxes

- IT training in software
- i-Pads
- Renovations steps. handles, replacing baths with showers
- Respite accommodation for your primary carer
- Car cleaning
- Personal trainers
- Gardening
- Raised garden beds

- Meals on Wheels or other meal services
- Assisted activities, outings to the cinema etc
- Occupational therapy assessments etc.
- Sleep comfort sheep skins, throw rugs, underlays, therapeutic pillows, mattress toppers

### Special Programs

- Community Connections
  Creative Connections Nepalese social program
- art classes

## **Mobility Equipment**

- Walking frames
- Wheelchairs
- Lifting aids
- · Other accessibility options available
- Large variety of bathroom and bedroom aids
- Transfer belts

3039 Home Care Packages.indd 2 22/08/2017 12:27:27 PM